



*Cathedral School presently serves students in grades pre-kindergarten through grade eight. As in its early days of teaching the immigrant populations of Ireland, Italy and Poland, today Cathedral School proudly reaches out to our refugee populations from Russia, Viet Nam, Sudan, Ethiopia and China as well as to all of the children in our Peninsula Parishes and surrounding neighborhoods.*

*To be a "Beacon of Learning" for all who enter our school is truly the goal and driving force of Cathedral School. As we treasure our rich heritage, we are mindful of the awesome responsibility that is ours as stated in the words of Catherine McAuley, Foundress of the Sisters of Mercy, "There is no greater ministry than the Catholic Education of youth."*

## Sponsors Section

# East End 5K To Benefit Cathedral School



**Saturday,  
September 5, 2009**



[www.cathedralportland.com](http://www.cathedralportland.com)

# East End 5K Race

**Date:** Sat., September 5, 2009

**Race Time:** 8:30 am

Kids 140 Yard Dash at 8:00 am

**Race Day Registration:** 7-8:00 am

**Where:** Cathedral School

307 Congress Street, Portland

**Entry Fee:**

\$15.00 pre-registration, **rec'd by 9/3/09.**

\$17.00 day of race. Kids Dash is free!

Make checks payable to Cathedral School

**Facilities:** Toilets available.

**Post Race:** Water, coffee, bananas, bagels, etc.

**Awards:** The first male & female finishers in each division will receive awards.

<b>12 and under</b>	<b>40-49</b>
<b>13-19</b>	<b>50-59</b>
<b>20-29</b>	<b>60-69</b>
<b>30-39</b>	<b>70+</b>
<b>Alumni</b>	<b>Parishioner</b>

**Directions:** Take 295 to Portland, Exit 7 (Franklin Arterial). Follow through three lights. At 4th light, turn left onto Congress Street. Cathedral School is on the left.

**Questions:** Brian Bernier  
207.899.4126  
bbernier1@maine.rr.com



## Race Route

Begin at Cathedral School, straight up on Congress Street. Left onto Eastern Promenade. Along the promenade and circle around Loring Memorial Park. Head back up Eastern Promenade to Fore Street. Follow Fore Street to India Street. Head up India Street. Left on Congress Street back to Cathedral School.

## Official Entry Form—East End 5K to Benefit Cathedral School, Saturday, Sept. 5, 2009

T-shirts to first 200 registrants!

(Circle one)

Child:

Small Medium Large

Adult:

Small  
Medium  
Large  
X-large

Name

Gender

Address

City/Town, State, Zip

Phone

E-Mail

Age on Race Day

Club/Team

5K Road Race

Kids 140 Yard Dash

Cathedral Alumni

Cathedral Parishioner

### Waiver/Release:

By indicating your acceptance, you understand, agree, warrant and covenant as follows:

I understand that participating in this event is potentially hazardous, and I should not enter and participate unless I am medically able and properly trained. In consideration of the acceptance of this entry, I assume full and complete responsibility for any injury or accident which may occur while I am traveling to or from the event, during the event, or while I am on the premises of the event. I also am aware of and assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, effect of weather, traffic and conditions of the road. I, for myself and my heirs and executors, hereby waive, release and forever discharge the event organizers, Cathedral School, Cathedral of the Immaculate Conception Church, Roman Catholic Diocese of Portland, all employees, representatives and agents for all of the above referenced organizations, sponsors, volunteers, promoters, Active.com and each of their agents, representatives, the City of Portland its employees and its agents, successors and assigns, and all other persons associated with the event.

I understand that this waiver includes any claims, whether caused by negligence, the action or inaction of any of the above parties or otherwise. I understand that the entry fee is non-refundable and non-transferable. I hereby grant full permission to any and all of the above parties to use any photographs, videotapes, motion pictures, website images, recordings or any other records of this event.

**Make checks payable to:**

**Cathedral School**

**Mail entries to:**

Brian Bernier

3 Alden Circle

Portland ME 04102

**Online Registration at:**

www.cathedralportland.com

Signature (Parent or Guardian signature, if under 18 years of age.)